

From the Chair



Hello PRONA Members!

I'm so excited to welcome you all to a new year and wanted to share some updates and opportunities within PRONA (Pediatric Renal Dietitians of North America).

1. Conference Season Approaching: As we approach this spring season, I'm happy to share that our annual stipend award application has recently closed. We are thrilled to be able to continue offering annual funding to support the professional growth of our members. Let us know if you are attending ADC or NKF's SCM—we would love to set up an in-person networking event.
2. Mentorship Applications Open: Applications for our mentorship program are now open. Whether you're new to the profession or interested in sharing your wisdom and experience as a Mentor, we encourage you to apply!
3. Pediatric Renal Dietitian of the Year Award Nominations: In February, we will open nominations for this prestigious award. Do you know of a colleague who exemplifies exceptional skill and dedication to our field? Please nominate them!
4. Ongoing projects: Thank you to everyone who completed our Patient Resources survey. Our commitment to providing up-to-date resources is one of the many benefits of this organization! These initiatives aim to enhance our skills and improve patient care. Your involvement in our Board and Committees is crucial to our continued growth and success.

Thank you for everyone's hard work and dedication to the field! Together, let's continue to volunteer, grow as professionals, and continue to impact families who navigate the challenges of pediatric renal disease.

~Maggie Murphy, Your PRONA Chair

Inside the Issue

01. Dietitian of the Year
02. Patient Education Resources
03. Webinar & CEUs
04. National Nutrition Month
05. Word Search



Upcoming Events

Feb 15, 2025: Mentorship Program Application Due

Feb 2025: PRONA Board Meeting - TBD

Mar 2025: PRONA Quarterly Membership Meeting -TBD

Mar 13-16, 2025: Annual Dialysis Conference, Las Vegas, NV

Mar 31, 2025: Dietitian of the Year Award nominations due

Apr 9-13, 2025: National Kidney Foundation Spring Clinical Meetings, Boston, MA

May 2025: Next PRONA webinar - details coming soon



Dietitian of the Year

PRONA is honored to acknowledge and award our well deserving colleagues. The annual Pediatric Renal Dietitian of the Year Award recognizes a dietitian who demonstrates exceptional abilities in the area of pediatric renal nutrition care, including: leadership, community involvement, publications / lectures and educational activities. We applaud the hard work that goes into caring for our patients and those shining bright in the field. Applications open mid-February each year with nominations due by March 31st. Learn more at <https://www.prona.info/awards>.

Below are our prior year winners.

2024

Nonnie Polderman, RD



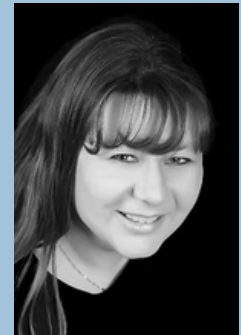
2023

**Christine Benedetti, MS,
RDN, CSR, CCTD, LD**

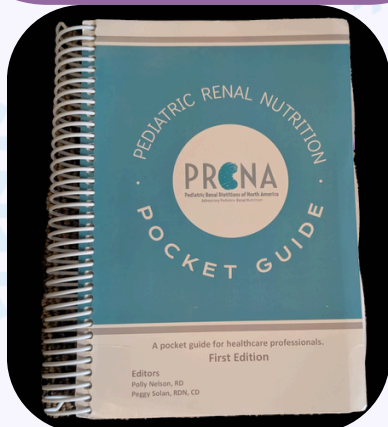


2022

**Christina Nelms, MS,
RDN, LMNT**



Order your pocket
guide [HERE](#)



COMING SOON!

Patient Education Resources

Thank you to everyone who filled out our survey—we will incorporate these survey responses into an updated Patient Resources Folder.

Meet our Board

Maggie Murphy, PhD, RD, LD, FAND
Chair

Christina Nelms, MS, RDN, LMT
Chair Elect

Christine Benedetti, MS, RDN, CCTD, CSR,
LD
Past Chair

Dana Liebshtein, MS, RD, CDN, CNSC, CLC
Secretary

Christianna Gozzi, MA, MS, RDN
Treasurer

Kim Hobson, RD, LD
Member-at-Large

Committee Contacts

***We are currently looking for additional members to serve on our committees.**

Clinician Resource

Christine Benedetti
cns211@gmail.com

Patient Resource

Esther Berenhaut
estherbq1@yahoo.com
Linda Walker
lwalker@childrenswi.org

Guideline Development

Christina Nelms
cnelms@gmail.com

Research & Data Sharing

currently inactive

Promotion & Networking

Christina Nelms
cnelms@gmail.com

Public Policy

Christine Benedetti
cns211@gmail.com

Webinars & CEUs

Click [HERE](#) to watch the latest PRONA webinar
"Obesity, Metabolic Syndrome, and Cardiovascular
Risk in Pediatric Kidney Transplant Recipients"
presented by Kristen Sgambat, PhD, RD

5 CEUs available for members (free) & non-members (\$20 each) on
our website

<https://www.prona.info/webinars>



Enhancing Lives Together
A Nestlé Health Science Company



Become a member of

• PRONA!

Easy joining & renewal on our website:

<https://www.prona.info/become-a-member>

Membership is good for a full 12 months at \$40
USD / \$56.58 CDN annually.

For further inquiries, contact
prona.dietitians@gmail.com

Follow Us
on Social
Media!



Join our PRONA
LinkedIn
Group!



Join our
Facebook page!

Winter 2025

National Nutrition Month®

National Nutrition Month® is an annual campaign established in 1973 by the Academy of Nutrition and Dietetics. During the month of March, everyone is invited to learn about making informed food choices and developing healthful eating and physical activity habits. This year's theme is "Food Connects Us." Food is a connecting factor for many of us. Food connects us to our cultures, our families and our friends. Sharing a meal is an opportunity to learn about its preparation, who made it and where the ingredients were sourced. Health, memories, traditions, seasons and access can all impact our relationship with food. While these factors influence the foods we eat, the foods we eat also affect our health.

Registered Dietitian Nutritionists (RDNs) and Nutrition and Dietetics Technicians, Registered (NDTRs) play a critical role in helping people understand the connection between the foods individuals and communities eat, and how these foods impact health throughout life.

Happy RD Day on March 12, 2025!!

Resources



Food
ConnectsUs
2025 NATIONAL NUTRITION MONTH®
A Campaign by the Academy of Nutrition and Dietetics

PRONA Word Search

h o r a w a p s w d u w v d n g g h
g a e p a v p a k s i k r a n a r y
v a n n t g x h a i o e p m d r a h
e v a q e r k j o o d d t r p m i s
g h l h r b h a i s t n i i o s n q
e h y d r a t i o n p f e u t n s h
t o e z f q f l u i d h r y m i a p
a g w q b n a t k k y c o u f s a r
b a t z c q q n v e a l h r i i z n
l a f r d q v p r o t e i n u t u z
e p o t a s s i u m z y o n j s g q
q j p r o e n u t r i t i o n k n p

Find the following words in the puzzle.

Words are hidden → ↓ and ↘ .

dietitian
fluid
fruit
grains
hydration
kidney

nutrition
phosphorus
potassium
prona
protein
rd

renal
sodium
vegetable
water